

Skill Acquisition Topic: *Wearing a Mask (extended duration)*

Goal: Child will tolerate wearing a mask (medical nose and mouth covering) for an extended duration while refraining from touching it and without engaging in maladaptive behaviors.

Setting: This goal will be taught in a controlled setting (clinic during NET) with parents having the opportunity to generalize to home and community environment.

Materials: Mask (one for child and one for therapist/adult running program), mirror, activities to complete while wearing mask, social story/YouTube Video:

https://www.youtube.com/watch?time_continue=1&v=f2nYZoeDW1A&feature=emb_logo

Program:

- Let child know that you'll be wearing masks for the next couple of activities.
- Present option to read/watch social story video
- If needed, utilize premack principle to gain motivation for wearing mask (First ____, Then ____)
- Put on masks (if needed, help child using least to most prompting), start timer.
- Look in the mirror to show child how the masks look on both of you
- Transition to an activity
- Complete time criteria (see phases below)
- When time is up, transition from activity and go inside to take off masks and wash hands.

If child touches the mask, use verbal prompting to remind him/her to keep hands away from face.

If target behaviors (tantrum, aggression, property destruction) occur while wearing the wear, restate the premack, show child the remaining time, and redirect to activity. (Since activity completion is not our main focus for this goal, if the activity is no longer interesting to child, prompt functional language to a different activity and honor mand).

Phases: Child will move into next phase after 6 TRIALS of meeting time criteria without engaging in any maladaptive behaviors-

Phase:	Time Criteria	Date Started	Date Mastered
1	30 seconds		
2	1 min		
3	3 mins		
4	6 mins		
5	10 mins		
6	20 mins		

Data Collection: *See Separate Data Sheet*

Data Sheet for: Wearing Mask[illegible]

